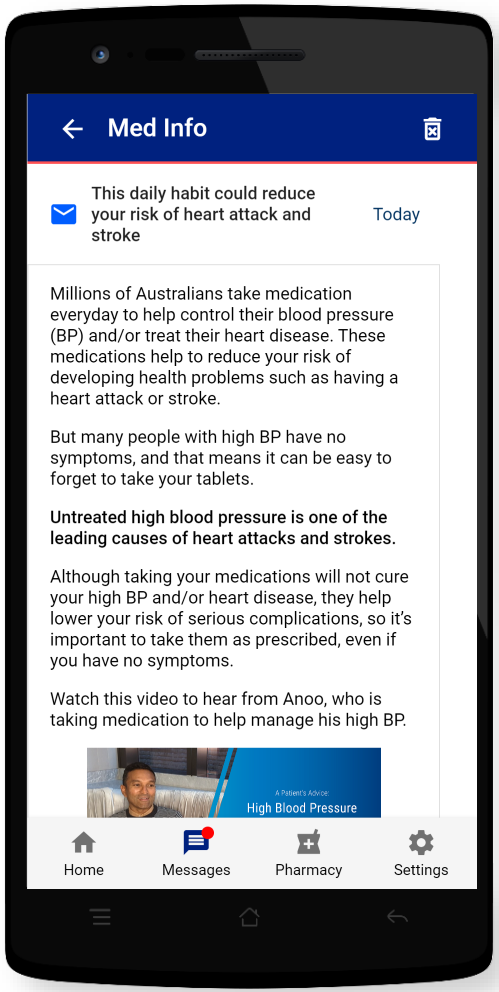
Med Info
This daily habit could reduce your risk of heart attack and stroke
Today
Millions of Australians take medication everyday to help control their blood pressure (BP) and/or treat their heart disease. These medications help to reduce your risk of developing health problems such as having a heart attack or stroke.
But many people with high BP have no symptoms, and that means it can be easy to forget to take your tablets.
Untreated high blood pressure is one of the leading causes of heart attacks and strokes.
Although taking your medications will not cure your high BP and/or heart disease, they help lower your risk of serious complications, so it's important to take them as prescribed, even if you have no symptoms.
Watch this video to hear from Anoo, who is taking medication to help manage his high BP.
A Patient's Advice:
High Blood Pressure
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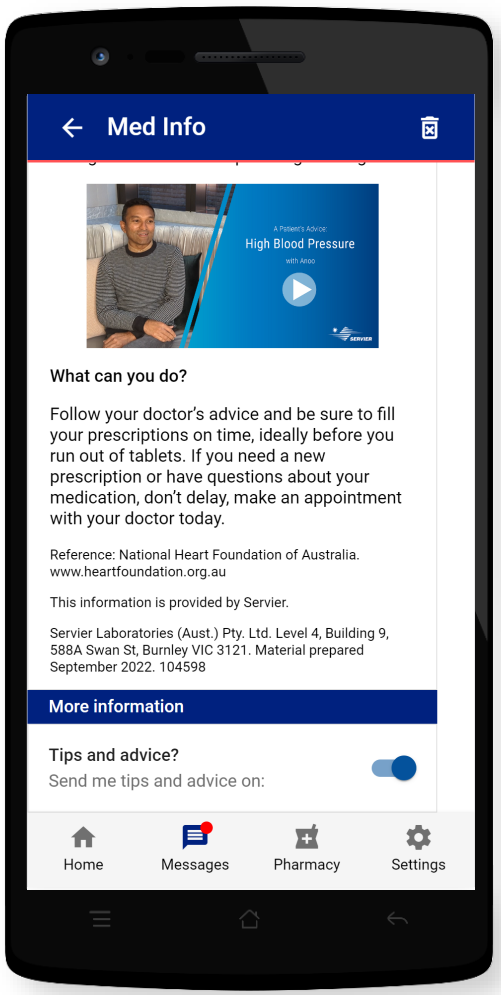
Settings


Med Info
A Patient's Advice:
High Blood Pressure
with Anoo
What can you do?
Follow your doctor's advice and be sure to fill your prescriptions on time, ideally before you run out of tablets. If you need a new prescription or have questions about your medication, don't delay, make an appointment with your doctor today.
Reference: National Heart Foundation of Australia. www.heartfoundation.org.au
This information is provided by Servier.
Servier Laboratories (Aust.) Pty. Ltd. Level 4, Building 9, 588A Swan St, Burnley VIC 3121. Material prepared September 2022. 104598
More information
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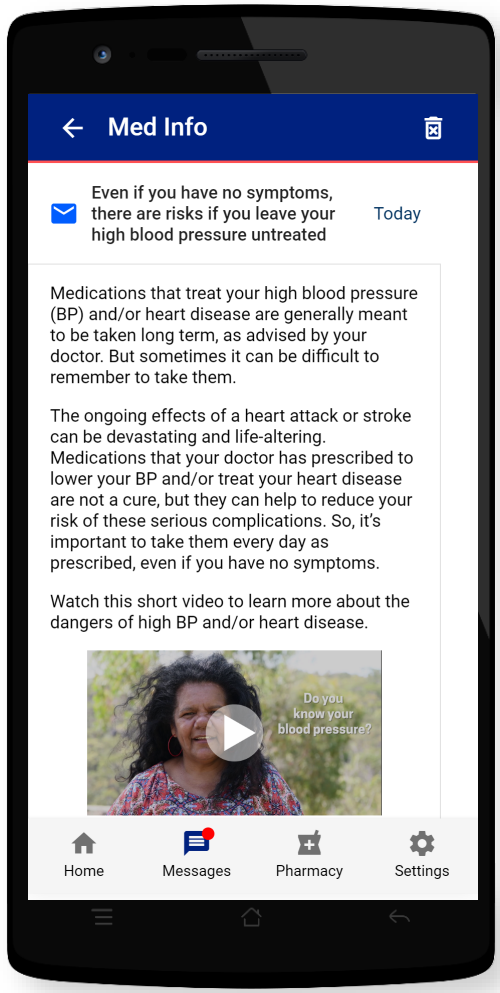

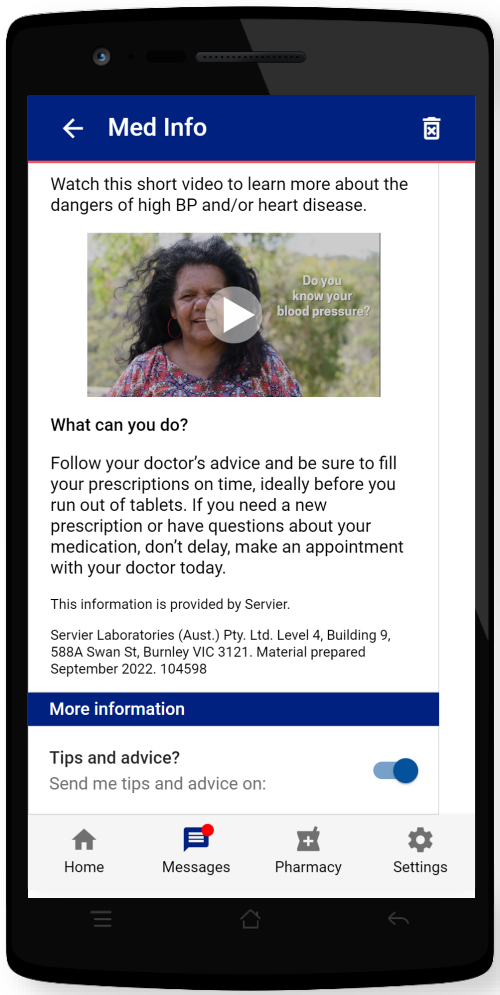

Message 2 Even if you have no symptoms, there are risks if you leave your high blood pressure untreated

MedAdvisor